



Gracie Barra Northville <info@gbnorthville.com>

Gracie Barra Northville Weekly Newsletter 9/28/2026
2 messages

Gracie Barra Northville <info@gbnorthville.com>
To: "info@gbnorthville.com" <info@gbnorthville.com>, "gbnorthville@gmail.com" <gbnorthville@gmail.com>

Sun, Sep 27, 2026 at 10:25 PM



GRACIE BARRA NORTHVILLE
WEEKLY NEWSLETTER

www.gbnorthville.com

BUSINESS PULSE



Google Review



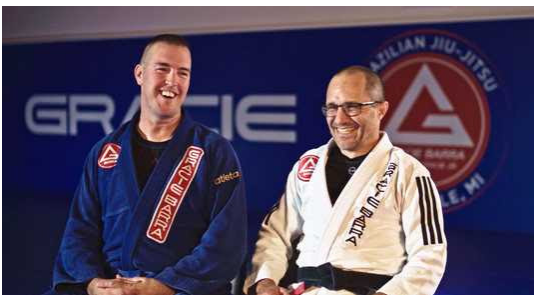
Facebook Review

For all those who have not had the opportunity yet,
please give us a couple minutes out of your day to leave us a review.

[Google Review Link](#)

[Facebook Review Link](#)

MEMBER SPOTLIGHT



One of the projects we are are starting to help increase membership is to re-launch one of our most successful on-line campaigns. We called it our "Members Just Like You" campaign. In it, we had members get a picture of themself at work, one at the gym, and then provide a brief description of why they joined the gym and what they have

received from their membership. If you would like to share your story, simply send your pictures and description to "info@gbnorthville.com" for us to share on our social media pages.

NEW ADVANCED BJJ CLASS



Starting this Saturday, we are replacing the women's only BJJ class with an advanced BJJ class. This class will be invite only and invitations will be extended this week. The requirements for the advanced class are a minimum of 2 stripes on your white belt and acceptable understanding of the fundamental techniques. Please note: Advanced class students are still required to attend fundamentals classes.

CLEANING SUPPORT NEEDED



Would you like to help ensure a clean, safe training environment and also reduce your tuition? I am looking for 1-2 people to help clean the gym after classes. The process takes less than an hour and can be done anytime you are free. Please contact Prof Greg at 248-207-7555

DESK SUPPORT NEEDED



Do you enjoy talking to people? Do you want to help the gym grow? Do you want to get paid to do both? I am currently looking for another individual to help behind the counter greeting new students, preparing them for class, reviewing the membership information with them and signing them up for a membership. You must be outgoing, professional, responsible and a good communicator. Please text me if you are interested: Prof Greg, 248-207-7555.

REFERRAL PROGRAM



If you invite in someone that joins for 4 months, we will credit you \$75 towards your tuition, or \$100 towards Gracie Barra Wear. If you have seen the benefits in your life or the life of your children, why

would not extend that to others that you care about?

BRING A FRIEND TO CLASS



Refer friends to the gym. As soon as we hit 15 referrals brought into the gym, it will trigger a raffle for all the people that referred students during that period. The winner will receive \$100 in cash!

SCHEDULE 9/28-10/3

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
GBM2 Advanced Muay Thai (Invite Only) 5:30 pm	GBM1 Muay Thai Kickboxing (Kids & Adults) 5:30 pm	GBK JR Champs 1 BJJ (3-5 y/o) 5:30 pm	GBM1 Muay Thai Kickboxing (Kids & Adults) 5:30 pm		GBK JR Champs BJJ (Ages 3-8) 9:00 am	CLOSED
GBM1 Muay Thai Kickboxing (Adults Only) 6:30 pm	GBK SR Champs BJJ (9-13 y/o) 6:30 pm	GBK JR Champs 2 BJJ (6-8 y/o) 6:30 pm	GBK SR Champs BJJ (9-13 y/o) 6:30 pm	GB1 GBM1 GBK	GBK SR Champs BJJ (Ages 9-13) 10:00 am	
GB1 Adult BJJ (14+ y/o) 7:30-9:00 pm	GB1 Adult BJJ (14+ y/o) 7:30-9:00 pm	GB1 Adult BJJ (14+ y/o) 7:30-9:00 pm	GBNOGI Adult BJJ (14+ y/o) NO GI 7:30-9:00 pm	OPEN MAT All Programs 5:30-7:00 pm	GBM1 Muay Thai (Adults Only) 11:00 am	
	GB2 ADV BJJ (Invite Only) 9:00-9:30 pm	GB2 ADV BJJ (Invite Only) 9:00-9:30 pm	GB2 ADV BJJ (Invite Only) 9:00-9:30 pm		GB2 ADV BJJ (Invite Only) 11 am- 12 pm	

TOURNAMENTS



Grappling Industries, Oct 3rd, Hype Rec Center
Chewjitsu Submission Only, Nov 7, Frankenmuth, MI

~~~> FINAL THOUGHTS <~~~  
GRATITUDE



Prof Greg Fernandes  
Gracie Barra Northville

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## BUSINESSES WE SUPPORT

### SPINE PLUS CHIROPRACTIC



SpinePlus Chiropractic  
37875 W 12 Mile Rd, Building C. Suite 200  
Farmington Hills, MI 48331  
(248) 324-3090

### ERIC SCHACHER: Tax Resolution Specialist



Stay focused on your training — let Eric handle the taxes so you can stay in control on and off the mat. 📞 Schedule your confidential FREE consultation today. P: (248) 234-4988 (Text 24/7) F: (866) 506-6427  
eric@ [taxresolutiondrs.com](http://taxresolutiondrs.com) [www.taxresolutiondrs.com](http://www.taxresolutiondrs.com)

Gracie Barra Northville <info@gbnorthville.com>  
To: "info@gbnorthville.com" <info@gbnorthville.com>, "gbnorthville@gmail.com" <gbnorthville@gmail.com>

Sun, Sep 27, 2026 at 10:29 PM



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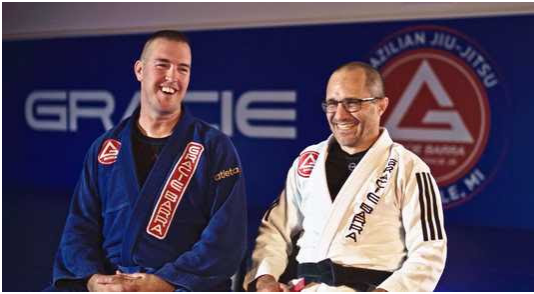
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|---------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|------------------------------------------------------------------------|---------------------------------------------------------------------------------------|----------------------------------------------------------------------|-------------------------------------------------------------------------|--------|
| <div><div>GBM2</div><div>Advanced Muay Thai (Invite Only) 5:30 pm</div></div>   | <div><div>GBM1</div><div>Muay Thai Kickboxing (Kids &amp; Adults) 5:30 pm</div></div> | <div><div>GBK</div><div>JR Champs 1 BJJ (3-5 y/o) 5:30 pm</div></div>  | <div><div>GBM1</div><div>Muay Thai Kickboxing (Kids &amp; Adults) 5:30 pm</div></div> |                                                                      | <div><div>GBK</div><div>JR Champs BJJ (Ages 3-8) 9:00 am</div></div>    | CLOSED |
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| <div><div>GB1</div><div>Adult BJJ (14+ y/o) 7:30-9:00 pm</div></div>            | <div><div>GB1</div><div>Adult BJJ (14+ y/o) 7:30-9:00 pm</div></div>                  | <div><div>GB1</div><div>Adult BJJ (14+ y/o) 7:30-9:00 pm</div></div>   | <div><div>GBNOGI</div><div>Adult BJJ (14+ y/o) NO GI 7:30-9:00 pm</div></div>         | <div><div>OPEN MAT All Programs 5:30-7:00 pm</div></div>             | <div><div>GBM1</div><div>Muay Thai (Adults Only) 11:00 am</div></div>   |        |
|                                                                                 | <div><div>GB2</div><div>ADV BJJ (Invite Only) 9:00-9:30 pm</div></div>                | <div><div>GB2</div><div>ADV BJJ (Invite Only) 9:00-9:30 pm</div></div> | <div><div>GB2</div><div>ADV BJJ (Invite Only) 9:00-9:30 pm</div></div>                |                                                                      | <div><div>GB2</div><div>ADV BJJ (Invite Only) 11 am - 12 pm</div></div> |        |

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