## JIU-JITSU FOR





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Worlds Master Tournament

#### Introduction

Hello Team!

From all of the Gracie Barra Dana Point staff we wish you a happy Labor Day.

We have been working hard on creating a bunch of new campaigns to help grow our Gracie Barra family and included in that process was the reinstatement of our weekly Newsletter. Every Monday you can find the latest and greatest in the happenings of Gracie Barra Dana Point via Email, our website, and on our facebook page.

Check the weekly Newsletter for constant news like what week were on in the curriculum, GB product of the week, recent promotions, important events, and the empowering message of the week at the very end of the Letter.

Please come checkin with me if you haven't received the newsletter via email so that I may update your contact info.

-John Castellini Program Director



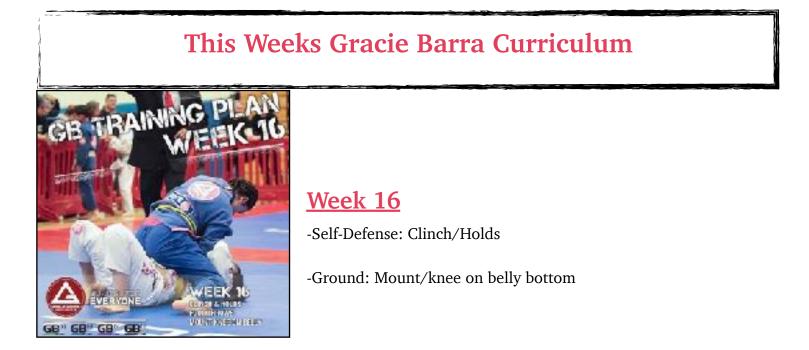
Labor Day



Anti-bullying Campaign

	Summer 2018 Class Schedule Effective Jul. 2018						<u>)</u>
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/ The schedule is dynamic and is improved every		A MARCOULD DIES	1000	WOMAN CONCERN	2005	Comparison (	2
censen (Summer, Full, Winter, and Spring) to better fit- our students oreals.	1	Alterna 200gm	LOUP = 2.00pm Pressenting	0.22ani la 110mm NG G Data	Colors to 7.00pm Resource and 1	-	
/ Private classes with your meloned instructor can be		CO-WICE	ABVINGO	\$10 Dec	ANVAGE		
scheduled during the metring and other times depending on the instructors availability. Talk to any team member to schedule yours.		Colores Chine Lot Lores,	2.00pm a.2.00pm Unit Families,	Eligen er Fläger NOLLINE INNERS.	2.40mm or 7 Wyer 1997 Maximus		

Changes to the Schedule: Monday 9/3 GBDP will be closed for Labor Day.





#### World Masters Tournament



-Specific training: Mount Control

It is truly inspirational to see the Gracie Barra team from around the world come together to compete in the 2018 Wolds Master Tournament. A huge shout out to our Professor Flavio for becoming a 3x World Champion. A victory that was followed by the bitter sweet announcement of Professors retirement from competition. Though he is hanging up his competition GI his GB journey is not yet over. He can now focus on guiding the future generations in their own journeys. A champion isn't forged on the couch but rather through the repetition and commitment one makes to the simple act of daily improvement.

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Gracie Barra Arizona Comp-net Regionals



\*Attention!!!!! Competitors of all ages/belt level are welcome to attend the Arizona Compnet regionals. Day one will consist of a fantastic grouping of individuals, from surrounding states, battling for first place. Post tournament on day one will be two free seminars open to all competitors.

If interested please see the link below to sign up-

Sign up link: https://graciebarraevents.smoothcomp.com/en/federation/30/events/upcoming

Also, for additional help Professor Felipe from Graice Barra San Clemente made an instructional video that walks you through the process of signing up. A fantastic link for first timers.

#### **Anti-Bullying Class**

Felipe's walkthrough: <u>https://www.youtube.com/watch?time\_continue=4&v=O7UFy9bdpJk</u>







This weeks featured product from GB wear is our very own GBDP kids t-shirt. Get a stylish and comfortable shirt while also representing your team.

### **Promotions of the Week**



#### **Our Referral Program**

At Gracie Barra Dana Point we have a referral program that rewards our students for sharing jiu-jitsu with friends, family, or people they meet by happenstance. Basically, when one of our students sends two people our way, that sign up for a membership, that student gets \$100 cash from Gracie Barra Dana Point. This process can be repeated as many times as they want. So, If you have four friends that you want to share the benefits of Jiu-jitsu with, and they all sign up, thats \$200 to you plus some great new training partners.



Congratulations to Maddie Cabral for being our first recipient of \$100 from our referral program!

#### **Message of the Week**

"Always be as enthusiastic about the success of others as you are of your own."

-Grand Master Carlos Gracie Sr.

